



On Your Way®

The '**On Your Way**' program is designed to assist you with your patients who have HealthPartners insurance and are diagnosed with depression. The targeted population is HealthPartners members, over the age of 18, who are newly diagnosed and are filling a new prescription for an antidepressant medication.

The goals of this program are to:

- increase members understanding of depression and participation in self-management
- increase the number of members staying on an antidepressant medication for at least six months

HealthPartners automatically sends a welcome letter to your patient/our member that includes program information. The program consists of:

- Six monthly depression education newsletters
- Six months of antidepressant medication refill reminders
- If the individual does not refill their antidepressant medication when expected after the refill reminder, they will get an additional late refill communication to encourage them to take action and get their medication refilled

Your patient may disenroll at any time by calling the number on the back of their member card.